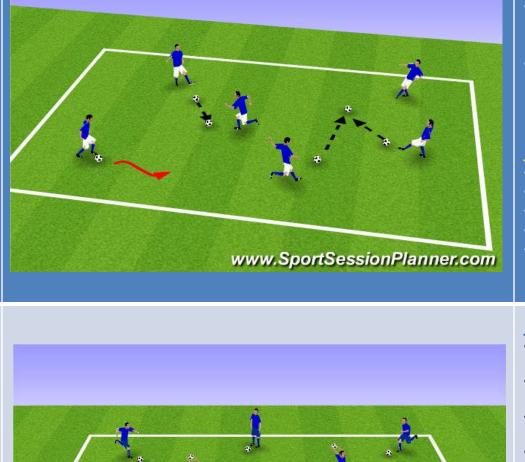
# **Mud Monsters**



#### **RULES** All Players with a ball Each player tries to kick their soccer ball and hit

- another players soccer ball If a player hits another ball,

# **POINTS**

**Keep ball close** Keep inside the area

'bumper ball'

- Use both feet
- Look at ball when kicking
- **Keep ball on ground by** hitting the middle of ball

If a player is tagged, they stand

they get a point and shout

**Bumper Ball** 



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# **RULES**

- All players with a ball except one- the tagger
- Players with ball dribble inside
- the area Tagger tries to 'tag' players

with a ball

- still, put ball on their head and spread their legs apart To set player free another
- player must pass ball between the legs
  - Rotate tagger

#### **POINTS**

- Players with ball look for space
- and keep away from tagger Help anyone who is tagged by

# **Gates**





# RULES

- Players in pairs with one ball
- Cones spread in the area to make 'gates'
- In pairs players try to pass through the gates See how many gates they can
  - get through in 20 seconds

## **POINTS**

- One player dibbles to gate
- Partner gets ready to receive the ball on the other side of the gate
- Player passes ball without hitting cones
- Try using the inside of the foot

# **GAME**





#### **RULES**

4v4 with no goalkeepers

### **POINTS**

- Keep head up
- Look for open spaces
- Dribbling into open spaces
- toward the opponents goal If a team mate is open look to make a pass